



RECIPE

Inspired by Buffalo wings

Yield: 2 cups

Step 1: Make the base ranch

¼ cup buttermilk	2 pinches ground black pepper
1 cup mayonnaise	½ teaspoon dried parsley
½ cup sour cream	¼ teaspoon dried dill weed
¼ and ⅛ teaspoon table salt	¼ teaspoon MSG
½ teaspoon garlic powder	
½ teaspoon onion powder	<i>Combine all ingredients.</i>

Step 2: Bring in some local flavor

- 5 teaspoons Buffalo hot sauce
- ¼ cup finely chopped celery
- 4 teaspoons blue cheese crumbles

Combine all ingredients into base ranch.

Enjoy!
